

## Social Skills Groups:

I will be running a 6-week social skills group beginning in the fall that will be held either on Saturday mornings or after school during the weekdays. Groups are great for children who are shy, who are on the autism spectrum, and who have ADHD. These groups do not work well with children who have severe conduct issues. Group sessions last for about an hour. In group I help kids learn to improve their skills in these areas: self-awareness, perspective taking, reading the non-verbal language of others, social interactions, communication & conversation, friendship making & play skills, problem-solving, controlling emotions & behavior, dealing with bullying & teasing and manners. I make the groups educational, supportive and entertaining. I am happy to provide feedback to parents and other professionals. Groups will be limited to no more than 4 children at a time. There is a curriculum that is followed that is adaptable to meet the needs of the kids in the group. Please feel free to contact me for more information.